***A close up of a sign

Description automatically generatedPre-K***

***SCHEDULE/ SUGGESTED ASSIGNMENTS***

***This schedule is just a suggestion and can be used in whatever way works for your family. Use the schedule down to the minute or use the time frames as guidelines. Families can choose to do all subjects or choose one if they want. These resources are meant to be helpful, not mandated. Thank you!***

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| ***8:30-9:00*** | ***“Arrival”*** | Wake up brush teeth, wash face, get dressed and have breakfast |
| ***9:00-9:30*** | ***Morning Routine*** | 1. Help clean up breakfast. Wash hands. 2. Write first name 3. Discuss the Calendar (Could use STARFALL.COM Calendar) <https://www.starfall.com/h/holiday/calendar/?sn=main> 4. Discuss what the weather is like outside? |
| ***9:30-10:15*** | ***Reading & Writing*** | ***Listen to a story and draw a picture of character in the story.*** |
| ***10:15-11:00*** | ***PE***  ***& Snack*** | Go outside to get fresh air and exercise (dribble a ball, take a walk, do jumping jacks, run) |
| ***11:00-11:30*** | ***Independent Play*** | **Play time- Allow time for child to play with toys, puzzles, and/ or siblings** |
| ***11:30-11:45*** | ***Letter Practice*** | ***STARFALL-*** <https://www.starfall.com/h/abcs/>  *Students can click through the letters of the alphabet, here the sounds, and words and play the games.* |
| ***11:45-12:15*** | ***Language Art Skill*** | <https://www.ixl.com/ela/pre-k>  *Pick one skill a day. You are able to work on one skill a day for free.* |
| ***12:15-1:15*** | ***Lunch & Recess*** | Lunch-Free Time; Play outside if possible (sidewalk chalk, jump rope, bubbles, ride a bike, play a game) |
| ***1:15-1:25*** | ***Rest*** | *Allow for some quiet time, listening to music, drawing pictures, looking at books, or kids yoga (*<https://www.cosmickids.com/category/watch/>) |
| ***1:25-2:00*** | ***Math Activity:*** | *Pick one activity a day-*  Measurement: <https://www.starfall.com/h/geometry/measure-this/?mg=k>  Shapes: <https://www.starfall.com/h/geometry/puzzles-easy/?mg=k>  Counting: <https://www.starfall.com/h/numbers/feed-animal/?sn=math0>  Adding: <https://www.starfall.com/h/addsub/add-machine-1/?sn=math1--math0> |
| ***2:00-2:20*** | ***Math Skill*** | <https://www.ixl.com/math/pre-k>  *Pick one skill a day. You are able to work on one skill a day for free.* |
| ***2:20-3:00*** | ***Art, Technology, play, or Quiet Time*** | *Color, tissue paper art, sand art, playdough, lay down, yoga, write a letters, draw, build, or just play!* |
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